

WHY PARTICIPATE IN THIS TRAINING?

Understanding the essentials: discovering, in a simple way, what "integral ecology" is and moving beyond common misconceptions.

Making the connection: realizing how our lifestyle choices impact nature, the economy, and social justice alike.

Taking concrete action: daring to engage in both collective and individual initiatives.

WHO IS IT INTENDED FOR?

Open to everyone! It is accessible to anyone curious about understanding today's challenges—no prior knowledge or experience required.

For those already committed: Whether you are already environmentally conscious or simply eager to explore this human and spiritual approach, you are more than welcome.

TERMS AND CONDITIONS

The training is structured into modules and will be completed independently—meaning each participant proceeds at their own pace.

The course concludes with a summary assignment designed to assess each participant's level of interest and the convictions they have developed. You can find the questionnaire on the AFOFMA website.

REGISTRATION

The course will be available on YouTube.

The training is free of charge. The institution welcomes donations as a form of support and contribution toward the continuation of the initiative.

MORE INFORMATION

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LAUDATO SI'



Initiation towards integral ecology

A training program structured into six online modules, each lasting a maximum of one hour (1h).

Self-guided tour

November 2026: in French

February 2027: in English

May 2027: in Portuguese

June 2027: in Spanish

GENERAL OBJECTIVES

Objective 1: Explore

Grasping the meaning of integral ecology in order to adopt a more sustainable, inclusive, and conscious way of life

Objective 2: To understand

To understand the various dimensions of integral ecology, in order to grasp the implications of how I act, what I do, and how I exist in the world.

PURPOSE

To develop a committed educational stance

Developing an Engaged Educational Stance

PROGRAM

Module 1: General Introduction – Understanding the overall concept

Module 2: Environmental dimension. Understanding the cry of the Earth

Module 3: Social and Human Dimension – The link between the degradation of the planet and poverty (understood as “the cry of the Earth and the cry of the poor”)

Week 4: Economic Dimension – Questioning our patterns of consumption and production in light of the planet’s limits.

Week 5: Cultural Dimension – Rediscovering our place within Creation, eco-spirituality, and respect for local cultures.

Week 6: Human Dimension and Spirituality. Rediscovering our place within Creation, eco-spirituality, and respect for local cultures.

Summary work

Developing an Engaged Educational Stance

INFORMATION

REGARDING THE COURSE

This training program is promoted by the Salesian Sisters of Don Bosco in West Africa.

It aims to introduce individuals of good will to the perspective of "integral ecology" a new way of viewing and reflecting upon the reality of life, and of shaping approaches to living and acting, whether from a personal or an institutional standpoint.

This program concludes with a summary exercise, which makes it possible to assess each participant’s level of interest as well as the convictions they have developed.

A **Certificate** is issued to formalize the participants' commitment.

Those in the know will be invited to sign up for the official Laudato *Si’ Animator training program* to become agents of global change.

Developing an Engaged Educational Stance